

Critical

Parent

Renewal



*September 17, 2011
9:00 am to 3:00 pm
Immaculata Center
1408 Carmel Drive
Lafayette, La 70501*

Are you a **Caregiver** of someone with a **Disability**?

Are you **Coping** with **High levels** of **Stress** ?

Are you **Not** taking time for **Rest** or **Reflection**?

Then our **Critical Parent Renewal Program** is for **You!**

The first part of our program will be a presentation from a health professional on the relationship of stress to emotional and physical well being. The second half of the day will be a retreat entitled "Learning to Honor the Self". Breakfast and Lunch will be provided. Registration is FREE and seating is Limited.

Sponsored

by

The Junior League

of

Lafayette

Call Today to Register

Families Helping Families of Acadiana

(337) 984-3458

Toll Free 800-378-9854

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